

OCTOBER 2024

the EPISTLE



Come check out our Adult Sunday School classes...we know you'll "fall" right into place!

Bible Study Class- rm 207

A small, friendly, multi-generational group that enjoys reading and discussing Christian literature together.

Burleigh Law- Chapel

This is one of the oldest classes in the church. Most of its members, both married and single, are retired. Our name is in memory of a missionary who gave his life in the Congo.

CHEERS- rm 327

"Christians Happily Engaged in Enriching, Relevant Studies". This is a multi-generational class, which includes couples and singles. The class focuses on contemporary issues in a supportive Christian environment.

Coffee & Chat- Parlor

This class is a supportive and welcoming group and visitors or new members can expect lively discussion and prayerful encouragement. Come chat, learn, and grow in faith with us!

Ed Wynn Class- rm 310

The class format is lecture/discussion. We hold regular social gatherings and are involved in community outreach. We also support the church mission programs.

New Beginnings- rm 211

This class has couples, singles and single-on Sunday members, with and without children, and ranging in age from 40's and beyond! This class is for those who are interested in enriching Bible study opportunities for Christian service and fellowship in class as well as at social gatherings.

New Horizons- rm 301

A hospitable community of sinners appreciative of God's prevenient grace. We follow the Wesleyan Quadrilateral of scripture, tradition, reason and experience, and the New Horizons' 3Fs: food, fellowship and fun.

A Place of Welcome- rm 309

A welcoming group of people who love learning more about God through discussion, friendship and fun. We are glad to have found a "place" in the church to feel comfortable and grow in relationship with friends and faith.

Seekers- rm 300

A friendly large group with a range of ages. On Sunday mornings, we enjoy coffee and conversation before we start singing and sharing our joys, concerns and an enriching study of God's word. When you visit be sure to BYOB...bring your own Bible!

OCTOBER CALENDAR

- Oct 1 Alzheimer's Lunch, 11:30am, Parlor
- Oct 3 Circle of Support, 10:00am, Parlor
- Oct 5 Electric Vehicle Expo, 9:00am Scout House parking lot
- Oct 6 Children's Sunday, 8:30am & 11:00am services
Sunday Night Rooted, 5:00pm, Parlor
- Oct 7 Ed Wynn lunch, 10:30am, Sanders Hall
- Oct 8 United Women in Faith, 10:00am, Sanders Hall
- Oct 10 MomCo Meeting, 9:30am Sanders Hall
- Oct 14 Congregational Care mt, 10:30am, Room 326
- Oct 17 Circle of Support, 10:00am, Parlor
- Oct 18 Crafty Crop, 2:00pm, Sanders Hall
- Oct 19 Manna on Meridian, 8:00am, Faith Presbyterian
Crafty Crop, 10:00am, Sanders Hall
Date Night, 5:00pm
- Oct 24 MomCo Meeting, 9:30am, Sanders Hall
- Oct 26 Soul Food Distribution, 9:30am, Lake Ella
- Oct 27 Trunk or Treat, 3:30pm
- Oct 28 Governing Board, 6:30pm, Parlor

CREATION care

As we are still in this Season of Creation, let's breathe deeply and ask for the winds of God's refreshing spirit as we start with a prayer:

Gracious God, remind us each day to TREASURE our exceedingly beautiful and majestic Earth you have given us. You have trusted us to care for your creation. Our planet Earth and its many intricate and delicate forms of life depend upon that care and the decisions we make every day. Help us to be mindful of our actions, and remember the birds of the air, the fish that swim in our rivers and oceans, the trees in our forests and all of nature with whom we are connected. Our actions will either help and restore our precious planet or continue to harm it. Where we have degraded or destroyed earth's bounty, forgive us. Please God, give us the strength and motivation to BE THE CHANGE WE WANT TO SEE IN THE WORLD in every possible way we can. Amen (paraphrased from prayer by Anne Wilde on Creation Care Sunday 2024)

3 Reminders for being a little **GREENER**:

1-If you happen to forget your reusable bags at the grocery store, choose paper over plastic. You can save those bags and donate them for reuse to Manna. There's a bin in the office or in Missions room 308. And remember, avoid foam at all costs :(

2-With holiday season coming up, you might find yourself in need of extra silverware to avoid using plasticware. The Silverware Lending Library is just the thing for you! Creation Care put it together for you to borrow and return. There are 50 place settings, and it even has serving pieces in addition to all the forks, knives and spoons. Contact Cara (cares4creation@gmail.com) or Jessie (perry386@msn.com) and we'll make sure to get them to you.



3-We reviewed plastic recycling last Epistle, and we are pretty good about knowing what metals and glass can be recycled: glass bottles and jars of any color with lids left on are accepted in recycle bin. No broken glass or ceramics, but balled up aluminum foil can be recycled.

There is another whole group of items that are NOT to be put in the recycle cart or the trash can. HOWEVER, these items CAN be brought to the Leon County Household Hazardous Waste Center. Here's the list: paints, aerosol cans, pesticides, cleaning products, used motor oil and cooking oils, fluorescent bulbs, car batteries, small electronics, holiday lights or strings of lights, small propane cylinders, light bulbs, and vhs tapes can be dropped off at 1800 N. Blairstone Road, **a drop-off site that may be more convenient for you** than the main center at 7550 Apalachee Parkway. The county even has rural drop-off spots in Woodville, Ft. Braden and Miccosukee. See cms.leoncountyfl.gov for days/time and a more complete list of items. Start collecting your items now!

It may be a little more trouble to take these things once or twice a year to Hazardous Waste, but what a good feeling it is once they are dropped off...knowing they will not end up in our groundwater, streams or rivers.

OCTOBER events

SUNDAY NIGHT WORSHIP EXPERIENCE

Join us every Sunday evening for our shared Contemporary Worship Service with Good Samaritan UMC, in Sanders Hall. This service begins at **6:00pm**. All are welcome to come.

MEN'S READING COMMUNITY

The Men's Reading Group meets on Tuesday mornings at Ology Northside. They gather each **Tuesday at 9am**. If you are interested in learning more about this group, please contact David Gill (davidmurraygill@gmail.com) or Nic Fugate (ndfugate@gmail.com)

UNITED WOMEN IN FAITH

United Women in Faith will be meeting on Tuesday, October 8th, at 10:00 in Sanders Hall. Our speaker for the morning will be Cara Fleischer, Florida UMC Creation Care Task Team Co-Chair as well as the Creation Care Ministry Leader of Saint Paul's. She will be sharing with us the updated projects that were agreed upon at Annual Conference for Creation Care ministries. Come join us for a morning of education, service and fellowship. All women of the church are welcome. If you have any questions please contact Peggy Harter, 850-339-1356, or harterp97@gmail.com .

CRAFTY CROP

Join us for Crafty Crop with some fun gal-friends **October 18 & 19** in Sanders Hall! Bring your projects and table space will be provided. The fellowship begins on **Friday at 2:00 p.m.** You may leave your projects all set up to continue the fun on **Saturday at 10:00 a.m.** Any questions and/or to sign up, contact Jill Merryday (850-443-9428).

HAPPY BIRTHDAY

- 1 Jennifer Tofte
- 2 Karen Hahn
- 3 Rose Byford, Janie Knight
- 4 Parker Keaton
- 5 Adalaide Fischer, Ben Spivey, Wren Thacker
- 6 Elizabeth Fugate, Teresa Morris
- 7 Sandra Barlow, Cheryl McFarland
- 8 Jean Whiteside
- 9 Stephany Nystrand, Joyce Thomas
- 10 Nicole McDermott
- 11 Julie Letchworth
- 12 Carole Beckham, Eva Benton, Lillian Reese, Lamont Wynn
- 13 Lydia Garthwait, Elizabeth Okoli, Cara Thacker
- 16 Andrew Cox
- 17 Casey Fernandes
- 18 Peggy Benton, Michael McBride
- 19 Mike Sever
- 20 Jaston Herndon
- 21 Michael Dobson, Gary Eggebraaten, Jeremiah Rios
- 22 Jim Pfof
- 23 Michael Wilhoit
- 26 Charlene Doud, Debbie Eggebraaten, David Gill, Tiffany McNabb
- 27 Gwynne Fulkman
- 28 Kristin Kline
- 29 Miles Dilger, Lyn Shoffstall
- 30 Kay Fussell, James McNabb, Richard Miller, Danny Thomas
- 31 Beth Harwood

MISSION ministries

CAPITAL AREA JUSTICE MINISTRY

Thanks to everyone who attended the CAJM event on September 8th. During the month of September, several members of the Saint Paul's CAJM team hosted house meetings. We still have a couple meetings left; please check out the list below and contact the host if you would like to attend.

House Meeting host/date/time/email

Mary Dekle- Oct 10- 6:30pm- queenmary1953@yahoo.com

Ryan & Kristin Kline- Oct 12- 2:00-3:00pm- ryanpkline@gmail.com

MANNA ON MERIDIAN

Update for this year through August 2024:

We have given away 2506 bags of pantry staples including bags of produce and we have served 3166 households with an average of 3 per household. Manna spends approximately \$5580 per month. We cut \$6000 from our budget between January to July due to partnering with Second Harvest. We currently have 10 Saint Paul's volunteers who are consistently involved.

Your donations of cereal and soup are greatly appreciated! It is time to give our wonderful volunteers a break by adding some new ones. Give it a try! Call or text Barbara Block at 850 241 2642 to discuss!

SLEEP IN HEAVENLY PEACE- SAVE THE DATE- NOVEMBER 16TH

We will be hosting our 6th Annual Bed Build with the local chapter of Sleep In Heavenly Peace at Saint Paul's United Methodist Church. We will start building at 9:00 am. We will be building 15 Bunk Beds which will provide 30 beds to children in the Big Bend area that currently do not have a bed to call their own. Several of the bunk beds that we will build for these children will be delivered and set up the same day. After the recent tornados and hurricanes, the need for these beds is even greater than before!

Ways To Help

Volunteer to build beds on November 16th

Donate blankets, sheets, pillows and mattress pads for the beds. (Twin Size)

Contribute financial support the cost of the Bed Build

Volunteer Sign-Up Information will be forthcoming in the Weekly Notes

Any questions, contact Jerry Roney #708-363-3948 or Roney.jm@comcast.net

MUSIC

at Saint Paul's

Music Ministry is a vital part of the worship life of Saint Paul's. We have a place for you! As we move into October, all of our music ensembles and choirs are beginning work on our Thanksgiving, Advent, and Christmas offerings. Now is a great time to join us!

Preschool Music Group (for ages 3-4): meets from 5:10-5:30 on Wednesday afternoons. This group is a developmentally appropriate music program for children ages 3-4 which incorporates singing, playing instruments, and movement, setting the foundation for building our future worship leaders. Contact Gaye Herndon (gaye@saintpaulsumc.org)

Kids@Art (Children's Worship Arts Program for Grades K-5): has finished their first unit of study and will lead our services of worship on October 6 and what a blessing that be! We'll be participating in worship on October 29. We'll also begin working on our Advent Art and all of our Advent musical offerings. All children in Grades K-5 are invited to join us on Wednesday evenings, 6:00-7:00 p.m. in the Children's Music Room, #200. (Contact Stephany Nystrand: stephanymusictherapy@yahoo.com)

Youth Choir: All Youth, Grades 6-12, are invited to join us. Rehearsals are on Wednesday evenings, 7:00-7:45, in the Music Room (200) of the Children's Wing. (Contact Gaye Herndon: gaye@saintpaulsumc.org)

Saint Paul's Dancers: is a group of older elementary and youth with dance experience. They will be participating in worship on October 13 and are preparing for Advent offerings. (Contact Stephany Nystrand: stephanymusictherapy@yahoo.com)

Handbell Choir: rehearses on Sundays from 5:45-6:45. We will be participating in the community event, Ring in the Season, to be held at First Baptist Church, Tallahassee, on Friday, December 6, 7:00 p.m. (This is a change in date and time from previous years.) (Contact Gaye Herndon: gaye@saintpaulsumc.org)

Instrumental and Choral Ensembles: are offered according to the particular gifts and talents of our members. Please let one of our music staff know if you're interested in these types of music ministry.

WEDNESDAY

nights

WEDNESDAY NIGHT CLASSES

We are about to wrap up the first session of our Wednesday Night classes. Our 1 & 2 Samuel class will continue meeting during the second session. The Women's Study will conclude on Oct 2 and on Oct 9 we will begin our Wesleyan Rooted series. Wesleyan Rooted is a comprehensive, five-part worship and spiritual formation journey that will integrate many aspects of your congregation's programs and ministries. A wide number of people from across the Conference have been working for several months on all these components, to make this shared experience a powerful one for you.

Please keep an eye out for the second session sign up in Weekly Notes.

WEDNESDAY NIGHT DINNER MENUS

Oct 2- Lasagna

Oct 9- Salisbury Steak & Gravy

Oct 16- Pork Chops & Gravy

Oct 23- Baked Chicken (drums & thighs)

Oct 30- Fried Chicken Wings

On Wednesdays, the doors open at 5:00 and we serve food from 5:15 until 6:00. The cost is \$7 for adults and \$3 for children 10 and under. Dinner includes a salad, drinks and dessert. Kids meals are chicken nuggets, fruit and a cheese stick.

YOUTH

rooted

GREETINGS FROM BRANDON AND CASEY!

Fall youth programming is off to a great start! We had our first Sunday Night Rooted where we enjoyed dinner, fellowship, and learned about the importance of prayer and spending time with Jesus. In Sunday School, we are following along with the sermon series and diving into how we as youth can also get our houses in order. Sunday evening October 6th will be our next Sunday night youth, we will have dinner and a campfire devotional (and s'mores of course)

Blessings,

Brandon & Casey
brandon@saintpaulsumc.org
casey@saintpaulsumc.org

YOUTH PROGRAMMING

Youth Sunday School- Sundays, 9:45-10:45

Wednesday Night ROOTED- Wed, 6-7

Youth Choir- Wed, 7-8

Sunday Night ROOTED- Oct 6th, 5-7pm





FAMILY events

CHILDREN'S SUNDAY– October 6th

The Kids@Art crew has been working hard to create banners from felt, fabric, and thread for Children's Sunday on October 6th. The theme of the individual banners is what they love about church. Many wonderful ideas have been translated into colorful banners for children as young as 4 to 11 years old. On Children's Sunday, we will hear the meaning behind some of the banners that they have worked so hard to bring to life.

Kids@Art meets each Wednesday evening from 6-7, spending half their time learning worship music and half their time learning other worship arts.



TRUNK OR TREAT

It's almost time for Trunk or Treat! This fun, annual event brings in hundreds of people from the community and we need you to help make this a success!

You can click on the QR code below to sign up to host a trunk at this event. If you have any questions, please contact Leslie Scott (leslie@saintpaulsumc.org)



Sign up here to decorate a trunk



1700 North Meridian Road
 Tallahassee, Florida 32303
 850-385-5146
 www.saintpaulsumc.org

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SUNDAYS AT SAINT PAUL'S

8:30am Worship
 9:45am Sunday School for all ages
 11:00am Worship
 6:00pm Contemporary Service

CHURCH OFFICE HOURS

Monday - Thursday 9:00am - 4:00pm
 Friday - Closed

Find us on  at SaintPaulsUnitedMethodistChurch

RETURN SERVICE REQUESTED

OUR STAFF AND EMAILS

Senior Pastor

Rev. Dr. Latricia Scriven
 latricia@saintpaulsumc.org

Associate Pastor

Rev. MaryAnn Piccioni
 maryann@saintpaulsumc.org

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Youth Co-Directors

Casey Fernandes
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 Brandon LaReau
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Dir. Of Music & Worship Arts

Gaye Herndon
 gaye@saintpaulsumc.org

Adult Choirs Director

Cynthia Prescott
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Kids@Art Choir Director

Stephany Nystrand
 stephanymusictherapy@yahoo.com

Wednesday Night Chef

Shannon Allen
 shannon@saintpaulsumc.org

Sexton

Jonathan Leach
 jonathan@saintpaulsumc.org

Website Administrator

WPTallahassee

Video Coordinator

Jay Wirth

OUR BISHOP

Rev. Tom Berlin

OUR DISTRICT SUPERINTENDENT

Rev. Catherine Fluck-Price

OUR MISSIONARIES

Delbert & Sandy Groves,
 Zambia