

MARCH 2020

the EPISTLE



Dear Friends:

We are fully into the season of Lent; a time of self-reflection, spiritual growth, self-denial, and preparation for the celebration of Easter resurrection. At Saint Paul's our early morning chapel services and Wednesday evening offerings will assist you in practices of spiritual formation and care. I invite you to engage these offerings, and perhaps add some of your own individual Lenten practices.

Friends, there is no doubt that this is a difficult season in the church, locally and across the denomination. Uncertainty and anxiety is high, and it would be easy to slip into complacency and hopelessness. May I offer a pastoral word in this season to intentionally look for and celebrate the good that is happening, rather than the negative? I don't suggest this as a way of escape, but rather, as Paul would say, *'to press on toward the goal for the prize of the heavenly call of God in Christ Jesus.'*

Here is what we can celebrate this season:

- The witness and legacy of folks like Crill Merryday and Margaret Farnell, and so many others who are now part of the church triumphant. I learn continually from their lives of wisdom, grace, and faithful service.
- The growth of our children's ministry - 33 children in Parent's Morning Out (up from 22 prior to our Making Room expansion!); 44 children in SPARKS (along with 14 volunteers); 68 MOPS moms who share fellowship and learning, while 13 adult volunteers care for their little ones, and 113 families who have participated in Mommy & Me music over the past year.
- I celebrate the successful trip to Cuba by Rev. David Gill and the growth and spirit of the church in Yaguramas; along with your generous provision of money in support of our sister church.
- A wonderful Women's Retreat that focused on the power of resilience in our lives, and the multi-generational attendance that has been the hallmark of that event.
- A thriving Creation Care ministry that is providing opportunities for all ages to grow in their understanding of the need to be good stewards of our earth.
- Our Sunday School classes, who care deeply for one another and are growing in their understanding of faith in the world. For Robert Pen-nock in leading Burleigh Law Sunday School class programming; for the six individuals who have taken on the important ministry of teaching youth Sunday School, taking over from Charlie and Meg Guyton, who faithfully and lovingly mentored our youth for the past two years.

And there is so much more. Each of us is called to a particular ministry in the Body of Christ, the church. How are you responding to the call of God on your life?

Blessings and peace,

Kandace

*"Our Fellowship is with the Father and
with his Son, Jesus Christ"*

I was blessed to represent Saint Paul's and our Northwest District at the District Conference of the Cienfuegos District which was held in our sister church at Yaguaramas, Cuba on February 8. I traveled with eight other United Methodists from the Florida Conference as a part of the "Methodists United in Prayer" community (formerly known as the Florida-Cuba Covenant). Fellowship and hospitality are the hallmarks of every Cuban congregation which I visited and of the district conference, which was like an all day revival meeting including two delicious meals for over 400 delegates. Saint Paul's Church has done great work in assisting our sister church in Yaguaramas in building such a great sanctuary six years ago and contributing to the construction of a new residence for the pastor and his family. I was able to take donations from our congregation to hopefully fund the finishing of the parsonage (floors, plumbing, running the electric, and the doors).

Thank you, Saint Paul's, for all the supplies you sent down with me for their children's Sunday School (91 boxes of crayons, 18 boxes of colored pencils, 75 coloring books, 344 pencils, 53 toy cars, 17 boxes of markers, construction paper, and puppets with Bible stories) plus handmade cards from our children to their children. Thanks, too, for \$180 which will buy 180 Spanish Bibles! But most of all, thank you for praying for our siblings in Christ who are making disciples of Jesus Christ each week. Please know that the Methodists of Yaguaramas pray for us every Sunday.

Yours in Christ,
David Gill

MARCH *events*

WEDNESDAY MORNING DEVOTIONALS

March 4 ~ April 8

6:30 a.m. in the chapel

We will be using scripture, image, and the poetry of Wendell Berry and Mary Oliver, to shape our morning chapel communion services.

LOVE BUILDS UP & PEACE BY PIECE,

a Community Mosaic Art Project

This Lenten season, your family is invited to join together with other friends in and around Saint Paul's as we gather for fellowship dinner followed by a short 15 minute, but meaningful study, LOVE BUILDS UP by Malena Allison and Stephany Nystrand. Starting **Wednesday, March 4**, through **April 8** at **6:30 p.m.** Immediately after we will have the opportunity to work together to create mosaic pieces for a large community project in our neighborhood as we share together in *Peace by Piece* led by Pastor Kandace. Join us before the class for family dinner being served from 5:30-6:30 p.m. Please make your reservations online. Childcare will be provided starting at 6:00 p.m., but as always children are welcome to share in this family community time in Sanders Hall. We hope you will join us for this wonderful time of year as we prepare our hearts for Easter!

THE CARING CONGREGATION

with Rev. Becky Rokitowski

Wednesdays during Lent **starting March 4** at **6:30 p.m.** in **room 310**. We are all called to the ministry of caring for one another. Join this study to learn practical skills such as how to pray with someone, visiting the ill, what to say (and what not to say) to those who are grieving, and other useful tools for serving and loving those in need.

UNITED METHODIST WOMEN RUTH CIRCLE

The Ruth Circle will meet **Tuesday, March 10**, at **10:00 a.m.** in the **Parlor**. We will be assembling Easter baskets for local children. All women of the church are invited. For more information contact Peggy Harter, 339-1356.

LAY SERVANT TRAINING OPPORTUNITY

Want to further explore your personal call to God's service? Want to up your leadership game? Consider becoming a Lay Servant! Lay Servants are disciples of Jesus Christ who are specially trained and equipped to serve the local church and beyond through Leading, Caring, and Communicating. The North West District of the UMC will offer Lay Servant Training on **Friday, March 13**, and **Saturday, March 14**, at Tallahassee Heights UMC. The Basic Lay Servant Course will help you discover your Spiritual Gifts, explain the basic structure of the United Methodist Church, and much more! If you've already taken the Basic course, an Advanced course on Prayer is also being offered. The classes meet Friday, 5:30-9:00 p.m., and Saturday, 8:30 a.m. - 4:00 p.m. The cost is \$35. To register, go to <https://tinyurl.com/wbhd4n>. Questions? Gary Eggebraaten, a Certified Lay Servant, and will be pleased to speak with you about the program; email geggebra@eng.fsu.edu, or call 531-9783. Whether you are looking for new opportunities to serve, or just want to do what you already do better the Lay Servant program can be a great resource for you!

THIRD THURSDAY LUNCH & LEARN

Thursday, March 19, at **11:30 a.m.** Our guest speaker is Cara Fleischer who will be speaking about Children on Climate Change. Our chef will be serving a delicious meal for \$7. Please RSVP by calling the office by Tuesday, March 17.

NOVEL CHATS

Thursday, March 26, 10:00 a.m.

Saint Paul's Book Club meets in the **Chapel**. Members read the same book and meet to hear a review by Hazel Rosser, followed by a discussion by the whole group. This month's book is *Crescendo* by Allan Cheney. Everyone is welcome.

GATHERING TO PRAY

God is answering prayer as we gather in His name. We invite everyone to join us as we pray together **Wednesdays, 8:00-8:30 a.m., in Room 325**. God is with us!

RECEIVING NEW MEMBERS: MARCH 29

Saint Paul's UMC will receive new members **Sunday, March 29**, at our single service at 9:30 a.m. If this is a commitment you are ready to make, please let Pastor Kandace know and we will be sure that you receive all the required information.

FIFTH SUNDAY: MARCH 29

March 29, 2020 is the first fifth Sunday of the year! That means we will gather in ONE WORSHIP service at 9:30 a.m. and take our NOISY OFFERING for the Florida United Methodist Children's Home during Children's Chat. We will also gather after worship in Sanders Hall for a potluck fellowship brunch. Plan now to join us that Sunday as we worship together.

CREATION *Care*

LAKE ELLA CLEAN UP

Saturday, March 7 - 9:00-11:00 a.m.

Saint Paul's will be participating in the city-wide Keep Tallahassee Beautiful event by cleaning up the banks of Lake Ella and need your help! This is a family-friendly activity and all the supplies are provided. (Wear water boots if you like to get near the lake's edge.) Meet at Generations Park playground overlooking Lake Ella at 9:00 a.m. to get supplies. All participants will receive a nice organic cotton t-shirt for helping out! See the Facebook event to RSVP or contact Cara with questions at Cares4Creation@gmail.com.

LIGHTING THE WAY GRANT

FOR SPUMC YOUTH AND FAMU WESLEY KICKS OFF

Our Creation Care team has secured a \$10,000 grant from UM Earthkeepers to bring our community closer together through God's creation. The year long project will bring FAMU Wesley and SPUMC Youth Group students together for nature outings like hikes, paddling trips, and lake clean ups; provide funds to upgrade the outdoor lighting at both facilities; create "turn off the lights" reminder cards; and more. To learn how you can get involved, email Cares4Creation@gmail.com



MARCH ECO-TIP CARBON FAST FOR LENT

We've just completed our Climate Justice class series, and one of the ideas that formed was to encourage our congregation to reduce our carbon footprint during Lent. We invite you all to join us in the Carbon Fast for Lent action provided by Climate Caretakers, where each week during Lent we will focus on a different area of fasting including electricity, spending, driving, meat, media and more. Visit <https://climatecaretakers.org/lenten-carbon-fast> to sign up to receive reminders to help reduce your carbon footprint during Lent. Together, we can make a difference!

HAPPY BIRTHDAY

- 2 Dylan Chandler, Cynthia Jordan
- 3 Gary Limbaugh, LuAnn Stiles, Ian Swanson, Scott Waltz
- 4 Jenni Cox, Doug Holleman, Kirby Thomas, Colson Turner
- 5 Lloyd Palmer, Pam Waller
- 6 Paul Palmer
- 7 David Waller
- 8 Mary Ann Helton, Jessica Manis, Jacob Studley
- 9 Renn Vickers
- 10 Ralph Hook, Helen Kennedy
- 11 Allyson Alonso, Tom Block, Linda Fletcher
- 12 Sandy Leach, Ellen Tuttle, Mike Zeigler
- 13 Carolyn Wiemer
- 14 Willow Broadfoot, Savannah Cherry, Jack Getman, Don Griesheimer
- 16 Louise Carpenter
- 17 Mallory Alonzo, Ed Kast, Angie Martin
- 18 Lynn Gilbert, Walter Kolb
- 19 Greg Perry, Rollen Thomas
- 21 Olivia Barlow, Sophie Eychaner, Cindy Thompson
- 22 Ken Taylor
- 23 Rian Jackson
- 24 John Apthorp, Grant Barber, Andrew Fischer
- 25 Willa Almlof
- 26 Cameron Moret
- 27 June Joiner, Bill Knight, Bunny Smith, Pam Strickland, Fotena Zirps
- 28 Katie Pernell
- 29 Hank Alexander, Rodney Atherton, Kendra Goff
- 31 Cleveland Fischer

YOUTH rooted

We want to send a huge thank you to everyone who supported the youth at this year's Chili Cook Off. We raised over \$2300 for our summer mission trip! We also want to thank you for supporting the Fat Tuesday Pancake Dinner which will help send students to Music Camp this Summer. Our thriving youth ministry would not be possible without your generosity of time, gifts, and prayers. THANK YOU!

- Saint Paul's Youth

Chili Cookoff Winners:

Best Overall: Ted Rokitoski
People's Choice: Nick Fugate
Most Original: Don Griesheimer
Spiciest: Place of Welcome Class

SUNDAY EVENTS

- 9:45 a.m.** Youth Sunday School
in room 211
- 4:30 p.m.** Youth Choir in the Choir Room
- 5:15 p.m.** ROOTED Sunday Nights
Dinner, games, and community. Sanders Hall. Pickup is at 7:00 p.m.

COMING UP IN MARCH

On **Sunday, March 1**, we are going on a hike at Tom Brown Park. Please show up at the church promptly at 2:00, so that we can ride the bus over. We will be back for youth choir at 4:30, and we will have regular Rooted at 5:15 p.m. (everyone who stays will be attending choir).

We pray that everyone has a fun and SAFE Spring Break! Use this time to catch up on school work, get some much needed rest, and to spend time with your loved ones. We will not have Rooted on March 15 or March 22. This month we will talk about the importance of self care and self care strategies that we can do in our daily lives.

Youth Sunday School Dream Team

On behalf of the entire youth group and the parents we would like to send a huge THANK YOU to Meg and Charlie Guyton for serving as the Youth Sunday School teachers! It has been such a blessing to have Meg and Charlie volunteer their time, gifts, and witness. Do not be afraid, Meg and Charlie have not left us empty handed. A Youth Sunday School Dream Team has been assembled with the greatest team that will rise up to the challenge and be the next group of Sunday School teachers! Don Griesheimer, Ted Rokitoski, Julie and William Hatfield, Nena Martinez and Wade Short, and Donna and Larry Crawford.

Easter Lily Sales

Easter Lily Sales begin **Sunday, March 1**. We will have a table on Sunday mornings. Easter Lilies are \$14 and can be purchased in honor or in memory of a loved one. Thank you for supporting Saint Paul's Youth and making our sanctuary beautiful for Easter!

FIND OUT MORE ABOUT SAINT PAUL'S UMC

If you have been visiting Saint Paul's and would like to learn more about the church, you are invited to a time of informal coffee and conversation **Sunday, March 22**, at **9:45 a.m.** in **Sanders Hall**. We will be receiving new members into the church Sunday, March 29, and this would be a great opportunity to learn more about Saint Paul's. This is the ideal time for you to ask questions you may have about the church and its programs.

SAINT PAUL'S WORK DAY

We are having a church workday **Saturday, April 4**, from **12 noon to 4:00 p.m.** Pizza will be served for lunch. Come in your old clothes and let's get the church buildings and grounds ready for Easter Sunday.

MUSIC

at Saint Paul's

Handbell Choir is working on musical offerings for the Lent and Easter seasons. We rehearse Sunday evenings at 6:00 in the sanctuary.

Youth Choir rehearses Sunday afternoons from 4:30-5:15, and we invite all youth in grades 6-12 to join us. We'll sing for the morning worship services March 1 and will sing with all of our other choral choirs and ensemble for a special massed work on April 26. Our Fat Tuesday Pancake Supper was a fun event which helped us raise funds for Music Camp. We'll continue to do some fundraising to help as many of our music/dance youth and adult music ministry leaders attend the weeklong Church Music and Worship Arts Workshop/Youth Music Camp 2020, June 7-12, at the LEC in Fruitland Park. This event helps us build the worship leaders of the present and future.

Saint Paul's Dancers - Our dance ministry for young dancers who have had some training will be working toward several performances in the coming months. They rehearse Sunday afternoons at 4:00 p.m. Contact Stephany Nystrand (stephanymusictherapy@yahoo.com) for more information.

Worship Band leads the 8:30 a.m. worship service periodically and rehearses as needed to accommodate the schedules of the band members. We present music in a wide variety of styles including contemporary Christian songs, restyled classic hymns, praise songs, bluegrass gospel, and other appropriate styles. We welcome musicians from young adults to mature adults. If you are interested in serving in this ministry, contact Gaye Herndon: gaye@saintpaulsumc.org.

Preschool and Toddler Music Groups - Our church's Children's and Music Ministries offer a unique opportunity for your young children. Developmentally appropriate music groups meet on Wednesday afternoons from 5:30-5:55. The under age 3 group is for toddlers and their caregivers and is led by Stephany Nystrand. The Pre K3-4 year old group meets separately in the Music Room of the Children's Ministry wing and is led by Gaye Herndon. We invite you to join us! (Contact gaye@saintpaulsumc.org for more information.)

SPARKS Choir for grades K-5 meets in conjunction with our Wednesday afternoon Children's Ministry after-school program. We're working on our Spring musical, "Heroes of the Faith." It's not too late to join us for this fun and engaging musical which will be presented on April 29, 6:30 p.m., in the sanctuary. We'll sing during our One Service Fifth Sunday worship on March 25 and with our other choral ensembles for a special massed choir on April 26. (Contact Stephany Nystrand: stephanymusictherapy@yahoo.com or Jill Merryday: jill@saintpaulsumc.org)

Covenant Chancel Choir meets Tuesdays from 6:15 - 7:15 p.m. in the Choir Room. This choir sings at the 11:00 worship service weekly and occasionally at the 8:30 worship service. We, also, perform Christmas and Easter cantatas. We would love for you to try us out. For more information email Cynthia Prescott at prescottc1360@gmail.com.

Se'lah If you want to sing but don't feel that you can commit to singing weekly in worship, Se'lah may work for you! We rehearse Tuesdays, 7:30 - 8:30 p.m. in the Choir Room. This group sings once a month in the morning worship services and gives an annual concert. For more information, email Cynthia Prescott at prescottc1360@gmail.com

HOLY WEEK AT SAINT PAUL'S UMC

Sunday, April 5, 2020	Palm Sunday	
	<i>Covenant of Grace</i> , Choir Cantata	8:30 a.m. and 11:00 a.m.
Wednesday, April 8, 2020	Early Morning Chapel and breakfast	6:30 a.m.
Thursday, April 9, 2020	Maundy Thursday Service at New Mount Zion AME	7:00 p.m.
Friday, April 10, 2020	Good Friday Service at Trinity UMC	10:00 a.m.
Saturday, April 11, 2020	Easter Egg Hunt, Saint Paul's UMC	10:00 a.m.
Sunday, April 12, 2020	Easter Sunday Services	7:00 a.m. Sunrise 8:30 a.m. 11:00 a.m.



FAMILY events

SUNDAY SCHOOL HOUR ~ 9:45 - 10:45 a.m.

Preschoolers - Rooms 201
Kindergartners & 1st Graders - Room 103
2nd & 3rd Graders - Room 101
4th & 5th Graders - Room 100

MOPS IN FEBRUARY

Join MOPS (Mothers of Preschoolers) **Thursdays, March 12 and 26, from 9:15 - 11:30 a.m.** Consider joining the MOPS group if you have a newborn through kindergarten age child!

SPARKS WEDNESDAY

Our after-school group of K-5th graders meets **Wednesday afternoons from 3:00 - 5:30 p.m.** for fun, friends and faith, plus a play, music, art, science and Bible chat, too! We always welcome new adult team leaders and there is child-care for the "younger set." SPARKS Choir is preparing for their spring musical *Heroes of the Faith*. Musical performance will be on **April 29 at 6:30 p.m. following Wednesday Night Dinner!**

UPCOMING DATE NIGHTS IN 2020

Saturday, March 28, and April 25, 5:00 - 8:00 p.m. Please reserve your child(ren) spots online early in the month. Enjoy three hours to rejuvenate and refresh away from the kids! RSVP on the Website under Children's Ministry/Date

SUMMER EVENTS SNEAK PEEK

eXtreme eXplorers - June 1 - 5 ~ 8:30 a.m. - 5:00 p.m.

Exciting ~ Energetic ~ Exceptional FUN EVERY DAY!

Current 2nd-5th graders \$160 Registration is online and limited space. Previous year's highlights: hiking, swimming, skating, bowling, art, painting, Blue Springs, Leon Sinks and more!

Sing a New Song!

Vacation Bible School - June 29 - July 2 ~ 8:45 a.m. - 12:30 p.m.

For children who will be VPK age in the Fall of 2020 through rising 6th graders ~ \$25 per child. Before VBS Morning Care begins at 8:00 a.m. in Genetations Park. Adult volunteers and youth helpers (rising 7th - graduates) are needed for the week. Please register on-line now!

Warren Willis UM Summer Camp - Saint Paul's Week ~ July 6-11

An overnight camp in Leesburg, Florida. Rising 4th & 5th graders ~ Children's Camp, rising 6th - 8th ~ Middle School Camp, rising 9th -12th ~ High School Camp! Online info or contact Jill Merryday.

OUR MEN AND WOMEN IN THE MILITARY

US AIR FORCE: Scott Baumgardner, Robert Berman, Steven Boles, John Bray, Robert Byford, Cierra Carlan, Dane and Becky Collette, Jake Hoogerheyde, Nathan Kraft, Nicole Parker, Noah Shoffstall

US AIR FORCE ACADEMY: Christin Burrows

US AIR FORCE NAT'L GUARD: Andrew Bennett,
Micah Goodpasture

US ARMY: Rob Gricius, Burt Newman, Alan Sheehan,
Tim Strickland, Lucas Trammell, Caleb Weand, Dallas Wurst

US ARMY NAT'L GUARD: Lance Moore, Russ Tucker

US ARMY RESERVE: Page M. Baldwin

US MARINES: Daniel Aulph, Jett Johnson, Martin Kuhnle

US NAVY: Sean Allen, Michael Scherdin, Scott Thoroman

IN PRAYER AND SYMPATHY

For the family and friends of Gretchen Scoggin, who passed away February 9 in Tallahassee.

For the family and friends of Margaret Farnell, who passed away February 13 in Tallahassee.

CONGREGATIONAL *care*

How can Christians develop a biblical practice of self-care?

Even though Jesus said, “My yoke is easy and my burden is light, come to me all of you who are weary and I will give you rest,” many Christians look at the symbolic “broken and poured out” and take it as a literal model for how we function. In fact, those in ministry and care-giving careers often have some of the highest levels of burnout. So what can we do and what DOES the Bible teach us?

1. Recognize your limitations, and practice good stewardship of your body and mind.

When we recognize our physical limitations, we acknowledge the supremacy of God and our dependence on God. Caring for our bodies and minds shouldn't be just about feeling good, but as an act of worship and submission to God. Paul reminds us in 1 Corinthians 6:19-20 that our bodies are not our own, but are meant to be temples of the Holy Spirit. It is for this reason that we present [our] bodies as a LIVING sacrifice (Romans. 12:1). When we exercise, eat healthily, and get the proper amount of sleep, we act as good stewards of the gifts God has given us—our bodies and minds, “God’s workmanship, created in Christ Jesus to good works” (Ephesians. 2:10).

2. Go to the source.

Jeremiah 17:8 says that when we trust and rely on God, we are...

“like trees planted by the streams, whose roots reach down to the water. They won’t fear drought when it comes; their leaves will remain green. They won’t be stressed in the time of drought or fail to bear fruit.”

Stay connected to God. Spend time in prayer. If we want true rest and energy, we must turn to the source of all peace and joy. The gospel frees us from the burden of living and working for our own wealth, accomplishment, and reputation by declaring that our life and favor with God comes not from our own work but from God’s saving grace through Jesus Christ. With this understanding, we can view life and work as a blessing instead of a curse. We can be free to do all the good we can, without feeling like the world rests on our shoulders.

<><Rev. Becky Rokitowski, Associate Pastor

CARE LIST

SHORT TERM: Carolyn Adams, Bonnie Bevis, Daniel Doxsee, Lynn Ellis & Brooks, family of Margart Farnell, Gayle Fisher, Virginia Fletcher, Doris Henderson, Rev. Bob Laidlaw, Emily, BJ, Wyatt & Madelyn Letourneau, Crill Merryday, Jr., Jan Mickler, Ninas and Bandito, Donna Peacock & family, Jim Pfof, George Potter, family of Gretchen Scoggin, Jennifer and Ryan Seither, Carolyn White, Sandy Wiggins, Ruth Ann Wynn, Carolyn Young

LONG TERM: David Beverly, Betty Blair, Ron and Mary Ann Braswell, Terry and Carol Broadway, Edna Brownlie, Bob Caldwell, Louise Carpenter, Charlotte Chellman, Ivy Lee Daniel, Norma DeRuyter, Elizabeth Foeder, Pat Giglio, Nancy Graham, Oriska Henn, Ralph Hook, Leroy Irwin, Bill Jones, Helen Keaton, Robert Kennedy, Ralph Kenyon, Nena Martinez’s mother, Dottie Melton, Hazel Oliver, Ruth Riley, Dot Roberts, Gretchen Scoggin, Terry Shoffstall, Ben and Betty Spivey, Norma and Pam Strickland, Dick and Doris Sublette, Melanie Tredik, Soisson Church, Haiti and Yagauramas Methodist Church, Cuba, and for the vision and ministry of Saint Paul’s UMC.

OUR STAFF AND EMAILS

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SPARKS Choir Director

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Kitchen Coordinator

Betsy Gingery

Children’s Ministries Assistant

Kambee Chan

Sexton

Simon Webb

Membership Secretary

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Church Treasurer

Timothy Scott

OUR BISHOP

Rev. Dr. Kenneth H. Carter, Jr.

OUR DISTRICT

SUPERINTENDENT

Rev. Durwood Foshee

OUR MISSIONARIES

Delbert and Sandy Groves,
Zambia



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RETURN SERVICE REQUESTED

SUNDAY MORNINGS AT SAINT PAUL'S

8:30 a.m. & 11:00 a.m. Worship
9:45 a.m. Sunday School for all ages

CHURCH OFFICE HOURS

Monday - Thursday 9:00 a.m. - 5:00 p.m.
Friday - Closed

Find us on  at SaintPaulsUnitedMethodistChurch

MISSION *ministries*

MANNA ON MERIDIAN

Bagging for Manna **Monday, March 9, 5:00 - 6:00 p.m.**
Distribution **Saturday, March 21, 8:00 - 10:00 a.m.**
Both at Faith Presbyterian. Contact Charles Hubbard,
chazhub55@gmail.com.

Bring your donations the first two weeks of every month. Saint Paul's focuses on cereal and peanut butter donations. Throughout the year, we have over 75 volunteers from Saint Paul's that help with our third Saturday disbursement drives plus many more who bring donations. Thank you, Saint Paul's. Donations are stored in room 308.

SOUL FOOD

Bagging: **Wednesday, March 25 - 10:30 a.m.**
Distribution: **Saturday, March 28 - 9:30 a.m.**

The Soul Food ministry serves our homeless friends at Lake Ella by providing a hot breakfast, coffee and donuts, clothes, snack food items and toiletries on the last Saturday of the month. All members of Saint Paul's can contribute to this ministry by donating used clothes, new socks and underwear, shoes, blankets, jackets, toiletry items such as toothpaste, toothbrushes, deodorant, small size shampoo or lotion, snack sizes of sausages, crackers, granola bars, cup of noodles, fruit cups, hot chocolate mix and hearty snap top cans of soups or pasta. For March, our toiletry item of the month is toothbrushes and food item of the month is juice boxes. All donations are much appreciated!!! Contact Jo Ellen Brown for more information at brown.joellen@gmail.com.